

Respirology

Sleep Fellowship

Application details

Prerequisite(s): FRCP in one of the three disciplines: Respirology, Neurology or Psychiatry

Estimated % clinical workload: 100%

Number of positions annually: 1

Duration: 1 year

Start date: November 1st

Application deadline: January 31st preceding year

Contact: Crystal Lameira (613) 737-8899 ext 73994

Fellowship Director: Dr. Judith Leech

What we offer you

Our program offers multidisciplinary exposure to all of aspects of sleep medicine and Circadian rhythm disorders with special focus on laboratory aspects. All fellows attend general sleep clinics, as well as clinics in psychiatry, neurology and pediatric sleep medicine. Fellows attend general sleep clinics at the university hospital as well as independent health facilities in urban and rural settings.

In the laboratory, fellows will learn the technical aspects of data acquisition, data scoring, and study interpretation for nocturnal baseline and therapeutic polysomnograms as well as MSLT/MWT testing, portable monitoring and actigraphy. Teaching is based on AASM criteria as well as CPSO Ontario standards.

Candidates are examined internally during and at the end of the program and are encouraged to write the European Sleep medicine examinations. Many of our fellows focus on clinical training. However, if the candidate wishes to pursue a research pathway, there are opportunities for collaboration with the Centre for Practice Changing Research.